

YOGAZEITEN (Änderungen vorbehalten)

ANREISETAG DONNERSTAG:

16.30 - 18.00	Breath in - breath out - REPEAT and let it flow
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FREITAG:

07.30 - 09.30	Happy Hips
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16.30 - 18.30	Moonflow
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SAMSTAG:

07.30 - 09.30	Back to the roots
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16.30 - 18.30	Only Yoga
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ABREISETAG SONNTAG:

07.30 - 09.00	Sunrise Yoga
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